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RESEARCH ARTICLE

HOMOEOPATHIC TREATMENT FOR COELIAC DISEASE

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ABSTRACT

Coeliac disease is an autoimmune condition triggered by gluten, leading to intestinal damage and malabsorption. Symptoms include diarrhoea, bloating, and discomfort. A 35-year-old woman diagnosed with coeliac disease experienced severe reactions to wheat. After opting for homeopathic treatment at Dr Batra's, her symptoms improved, and within a year, she could consume wheat without discomfort.

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INTRODUCTION

Coeliac disease is an autoimmune disorder triggered by gluten, a protein found in wheat, barley, and rye. It causes inflammation and damage to the small intestine, leading to symptoms like diarrhoea, bloating, and malabsorption. The condition affects around 1% of the global population and is more common in individuals with other autoimmune disorders. Early diagnosis is crucial, especially in children, as they often show classic signs like chronic diarrhoea and growth issues.

Case Profile

Female patient with long-standing coeliac disease (TTG 23) presented with fatigue, headaches, and widespread itching with rashes. She experienced severe abdominal pain and hyperacidity upon consuming wheat. Additional health concerns included hypothyroidism (since 2021), grade 1 fatty liver (17.4 cm), and chronic duodenitis (diagnosed in 2022).

Physical Generals

| | |
|------------------|---|
| Diet | Vegetarian |
| Appetite | Normal Wheat Intolerance, Diarrhea After It |
| Desire | Spicy Food |
| Aversion | Gluten |
| Thermal Reaction | Hot |
| Thirst | 2-3glasses A Day |
| Stools | Normal |
| Urine | Burning After Micturition |
| Perspiration | Normal Non Offensive Non Staining |
| Sleep | Refreshing 8 Hours A Day |
| Dreams | Not Specific |

Mental Generals: The patient is a housewife with two children, maintaining good relationships with her family and in-laws. She had a supportive upbringing but faced emotional stress after losing her mother to malaria at 16. Despite this, she performed well in studies and has a strong friend circle. She is friendly, overcautious, and tends to give long answers to questions. She experiences anxiety regarding her health and expresses anger towards her children but suppresses it with her husband. She enjoys shopping and traveling but dislikes animals.

Past History

Hypothyroidism
Fatty liver grade 1

Chronic duodenitis

Family History – Nil

Case analysis

Reportorial totality

| Repertory used | Rubrics selected |
|---------------------|--|
| Synthesis repertory | Mind: Consolation/amel Mind :sadness/walking/air/amel General:food and drinks-aversion -fat food General:food and drink-aversion-butter Stomach: Thirstlessness Stomach: Pain |

Repertory screenshot

Selection of Remedy

| Remedy | Reasons |
|----------------|-----------------------------|
| Constitutional | Pulsatilla 200 - 2 doses |
| Acute | Chelidonium30 - Twice a day |
| Intercurrent | Carbo veg30 - Twice a day |

Miasmatic approach

| Symptoms | Psora | Sycosis | Syphilis | Tubercular |
|-------------------------------|--------------|---------|----------|------------|
| mind anger suppressed | - | | | |
| mind consolation amelioration | - | | | |
| timid weeps easily | - | | | |
| highly emotional | - | | | |
| Miasmatic predominance | <u>psora</u> | | | |

MATERIALS AND METHODS

Synthesis Repertory

Deductive Method Is Used In Synthesis Repertory

Given By Frederick Schroyens

RESULTS

| MONTHS | PROGRESS | PRESCRIPTION |
|-----------------------|---|---|
| 1 st month | Initially Patient Is Not Able To Take Anything Made Up Of Wheat But After The Treatment Her Chief Complaint Were Better Bloating Nausea Vomiting Is Better By 30%Within 1 Month | puls 200 2 doses 1st week Cholestrinium 6x od chelidonium majus 30 bd |
| 2 nd month | In 2nd Month She Was Able To Eat Some Food Made Up Of Wheat Without Any Diarrhoea Abdominal Pain And Nausea Vomiting | cholestrinium 6x od Chelidonium majus 30bd Carbo veg 30 bd |
| 3 rd month | After 2nd She Was Good All Her Chief Complaints Were Better Without Any New Complaints And Relapse | puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd |
| 4 th month | After 2nd She Was Good All Her Chief Complaints Were Better Without Any New Complaints And Relapse | puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd |
| 5 th month | After After 2nd She Was Good All Her Chief Complaints Were Better Without Any New Complaints And Relapse | puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd |
| 6 th month | After 2nd She Was Good All Her Chief Complaints Were Better Without Any New | puls 200 2 doses 1st week |

| | | |
|------------------------|---|---|
| | Complaints And Relapse | Chelidonium majus 30bd Carbo veg 30bd |
| 7 th month | After 2nd She Iwas Good All Her Chief Complaints Were Better Without Any New Complaints And Relapse | puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd |
| 8 th month | After 2nd She Iwas Good All Her Chief Complaints Were Better Without Any New Complaints And Relapse | puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd |
| 9 th month | After 2nd She Iwas Good All Her Chief Complaints Were Better Without Any New Complaints And Relapse | puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd |
| 10 th month | After 2nd She Iwas Good All Her Chief Complaints Were Better Without Any New Complaints And Relapse | puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd |
| 11 th month | After 2nd She Iwas Good All Her Chief Complaints Were Better Without Any New Complaints And Relapse | puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd |
| 12 th month | After. Year When Her Ttg Levels Were Checked Their Is Drastic Change In It Initially Ttg Was 23.30 But After The Treatment Ttg Levels Were 5.42 | puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd |

DISCUSSION & CONCLUSION

The patient showed significant improvement in her condition over the course of 12 months. Initially, she faced severe issues with wheat-based foods, including bloating, nausea, and vomiting. After treatment, her symptoms were reduced by 30% in the first month and continued to improve steadily. By the 12th month, there was a drastic reduction in her TTG levels, from 23.30 to 5.42, indicating a marked improvement in her health.

The transformation

Dr Lal PathLabs L-ACE Test Report for Mrs. DEEPSHIKHA 6037928. Patient details: 35 Years, Female. Collected on 8/10/2023. Reported on 9/10/2023. Processed at LPL-NATIONAL REFERENCE LAB. Test result: TISSUE TRANSGLUTAMINASE (TTG) ANTIBODY, IgA, SERUM (EIA) = 23.30 U/mL. Bio. Ref. Interval: <4.00.

9th Oct 2023
Tissue Transglutaminase Antibody (tTG)
IgA serum – 23.30U/mL

Dr Lal PathLabs L-ACE Test Report for Ms. DEEP SHIKHA. Patient details: 34 Years, Female. Collected on 21/12/2024. Reported on 21/12/2024. Processed at LPL-NATIONAL REFERENCE LAB. Test result: TISSUE TRANSGLUTAMINASE (TTG) ANTIBODY, IgA, SERUM (EIA) = 5.42 U/mL. Bio. Ref. Interval: <4.00.

21st Dec 2024
Tissue Transglutaminase Antibody (tTG)
IgA serum – 5.42U/mL

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