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# RESEARCH ARTICLE HOMOEOPATHIC TREATMENT FOR COELIAC DISEASE

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#### ARTICLE INFO

## **ABSTRACT**

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#### Keywords:

Coeliac disease, Homeopathic, Dr Batra's. Coeliac disease is an autoimmune condition triggered by gluten, leading to intestinal damage and malabsorption. Symptoms include diarrhoea, bloating, and discomfort. A 35-year-old woman diagnosed with coeliac disease experienced severe reactions to wheat. After opting for homeopathic treatment at Dr Batra's, her symptoms improved, and within a year, she could consume wheat without discomfort.

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# **INTRODUCTION**

Coeliac disease is an autoimmune disorder triggered by gluten, a protein found in wheat, barley, and rye. It causes inflammation and damage to the small intestine, leading to symptoms like diarrhoea, bloating, and malabsorption. The condition affects around 1% of the global population and is more common in individuals with other autoimmune disorders. Early diagnosis is crucial, especially in children, as they often show classic signs like chronic diarrhoea and growth issues.

#### Case Profile

Female patient with long-standing coeliac disease (TTG 23) presented with fatigue, headaches, and widespread itching with rashes. She experienced severe abdominal pain and hyperacidity upon consuming wheat. Additional health concerns included hypothyroidism (since 2021), grade 1 fatty liver (17.4 cm), and chronic duodenitis (diagnosed in 2022).

## **Physical Generals**

Diet	Vegetarian
Appetite	Normal Wheat Intolerance, Diarrhea After It
Desire	Spicy Food
Aversion	Gluten
Thermal Reaction	Hot
Thirst	2-3glasses A Day
Stools	Normal
Urine	Burning After Micturition
Perspiration	Normal Non Offensive Non Staining
Sleep	Refreshing 8 Hours A Day
Dreams	Not Specific

**Mental Generals:** The patient is a housewife with two children, maintaining good relationships with her family and in-laws. She had a supportive upbringing but faced emotional stress after losing her mother to malaria at 16. Despite this, she performed well in studies and has a strong friend circle. She is friendly, overcautious, and tends to give long answers to questions. She experiences anxiety regarding her health and expresses anger towards her children but suppresses it with her husband. She enjoys shopping and traveling but dislikes animals.

## **Past History**

Hypothyroidism Fatty liver grade 1 Chronic dudenitis

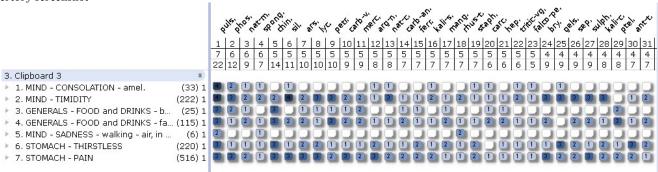
Family History - Nil

Case analysis

#### Reportorial totality

Repertory used	Rubrics selected
	Mind: Consolation/amel
	Mind :sadness/walking/air/amel
	General:food and drinks-aversion -fat food
Synthesis repertory	General:food and drink-aversion-butter
	Stomach: Thirstlessness
	Stomach: Pain

#### Repertory screenshot



## **Selection of Remedy**

Remedy	Reasons
Constitutional	Pulsatilla 200 - 2 doses
Acute	Chelidonium30 - Twice a day
Intercurrent	Carbo veg30 - Twice a day

### Miasmatic approach

Symptoms	Psora	Sycosis	Syphilis	Tubercular
mind anger suppressed	-			
mind consolation amelioration	-			
timid weeps easily	-			
highly emotional	-			
Miasmatic predominance	psora			

# **MATERIALS AND METHODS**

Synthesis Repertory Deductive Method Is Used In Synthesis Repertory Given By Frederick Schroyens

# **RESULTS**

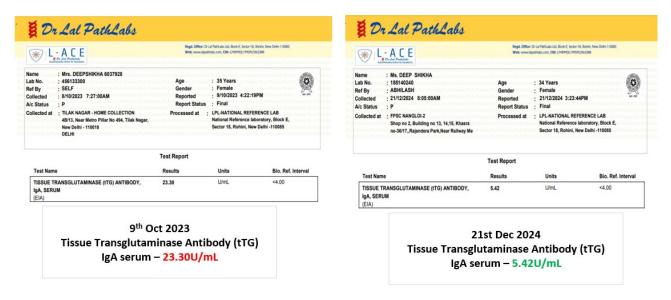
MONTHS	PROGRESS	PRESCRIPTION
1st month	Initially Patient Is Not Able To Take Anything Made Up Of Wheat But After The	puls 200 2 doses 1st week
	Treatment Her Chief Complaint Were Better	Cholestrinium 6x od
	Bloating Nausea Vomoting Is Better By 30%Within 1 Month	chelidonium majus 30 bd
2 <sup>nd</sup> month	In 2nd Month She Was Able To Ear Some Food Made Up Of Wheat Without Any	cholestrinium 6x od
	Diarrhoea Abdominal Pain And Nausea Vomoting	Chelidonium majus 30bd
		Carbo veg 30 bd
3 <sup>rd</sup> month	After 2nd She Iwas Good All Her Chief Conplaints Were Better Without Any New	puls 200 2 doses 1st week
	Complaints And Relapse	Chelidonium majus 30bd
		Carbo veg 30bd
4 <sup>th</sup> month	After 2nd She Iwas Good All Her Chief Conplaints Were Better Without Any New	puls 200 2 doses 1st week
	Complaints And Relapse	Chelidonium majus 30bd
		Carbo veg 30bd
5 <sup>th</sup> month	After After 2nd She Iwas Good All Her Chief Conplaints Were Better Without Any	puls 200 2 doses 1st week
	New Complaints And Relapse	Chelidonium majus 30bd
		Carbo veg 30bd
6 <sup>th</sup> month	After 2nd She Iwas Good All Her Chief Conplaints Were Better Without Any New	puls 200 2 doses 1st week

	Complaints And Relapse	Chelidonium majus 30bd Carbo veg 30bd
7 <sup>th</sup> month	After 2nd She Iwas Good All Her Chief Conplaints Were Better Without Any New Complaints And Relapse	puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd
8 <sup>th</sup> month	After 2nd She Iwas Good All Her Chief Conplaints Were Better Without Any New Complaints And Relapse	puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd
9 <sup>th</sup> month	After 2nd She Iwas Good All Her Chief Conplaints Were Better Without Any New Complaints And Relapse	puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd
10 <sup>th</sup> month	After 2nd She Iwas Good All Her Chief Conplaints Were Better Without Any New Complaints And Relapse	puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd
11 <sup>th</sup> month	After 2nd She Iwas Good All Her Chief Conplaints Were Better Without Any New Complaints And Relapse	puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd
12 <sup>th</sup> month	After. Year When Her Ttg Levels Were Checked Their Is Drastic Change In It Initially Ttg Was 23.30 But After The Treatment Ttg Levels Were 5.42	puls 200 2 doses 1st week Chelidonium majus 30bd Carbo veg 30bd

# **DISCUSSION & CONCLUSION**

The patient showed significant improvement in her condition over the course of 12 months. Initially, she faced severe issues with wheat-based foods, including bloating, nausea, and vomiting. After treatment, her symptoms were reduced by 30% in the first month and continued to improve steadily. By the 12th month, there was a drastic reduction in her TTG levels, from 23.30 to 5.42, indicating a marked improvement in her health.

#### The transformation



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